

# HEAD START OF WASHINGTON COUNTY PHYSICAL FORM



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TO BE COMPLETED BY HEAD START STAFF OR HEALTH CARE PROVIDER BEFORE PHYSICAL EXAMINATION/ASSESSMENT

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**CHILD'S NAME:** \_\_\_\_\_ **SEX:** M F **BIRTHDATE:** \_\_\_\_\_  
**HEAD START CENTER:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_  
**STREET ADDRESS:** \_\_\_\_\_  
**CITY:** \_\_\_\_\_ **ST:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

1. **RELEVANT INFORMATION:** (from Health History, Parent/Teacher Observations)

2. **SCREENING TESTS** Starred Items (\*) are required by Head Start and recommended by the American Academy of Pediatrics for children ages 3 to 5 years. Enter dates if done previously. When recording results, enter at a minimum "N", "S", or "A" for NORMAL, SUSPECT, OR ATYPICAL/ABNORMAL, respectively.

| TEST   | DATE | RESULTS        | TEST                                 | DATE | RESULTS |
|--|------|----------------|--------------------------------------|------|---------|
| a. <b>PRESENT AGE *</b>  |      | Yrs.      Mos. | g. <b>VISION *</b>                   |      |         |
| b. <b>HEIGHT *</b><br><small>(no shoes, to nearest 1/8 in.)</small>      |      |                | <small>(Type of Test)*</small>       |      |         |
| c. <b>WEIGHT *</b><br><small>(light clothing to nearest 1/4 lb.)</small> |      |                | ACUITY, R / L                        |      |         |
| d. <b>BLOOD PRESSURE</b>   |      |                | RESCREENING                          |      |         |
| e. <b>HEMATOCRIT OR HEMOGLOBIN *</b>                                     |      |                | STRABISM US                          |      |         |
| f. <b>HEARING *</b><br><small>(Type of Test)*</small>                    |      |                | COMMENTS:                            |      |         |
| RESULTS, R / L   |      |                | h. <b>OTHER TESTS (if indicated)</b> |      |         |
| RESCREENING  |      |                | (1) <b>TB*</b>                       |      |         |
| COMMENTS:  |      |                | (2) Sickle Cell                      |      |         |
|  |      |                | (3) <b>Lead *</b>                    |      |         |
|  |      |                | 12 Months                            |      |         |
|  |      |                | 24 months                            |      |         |
|  |      |                | (4) Ova & Parasites                  |      |         |
|  |      |                | (5) Urinaly sys                      |      |         |

**3. PHYSICAL EXAMINATION / ASSESSMENT** Complete and return to HEAD START

|                               | NORMAL FOR AGE | ABNORMAL | NOT EVAL |
|-------------------------------|----------------|----------|----------|
| a. GENERAL APPEARANCE         |                |          |          |
| b. POSTURE, GAIT              |                |          |          |
| c. SPEECH                     |                |          |          |
| d. HEAD                       |                |          |          |
| e. SKIN                       |                |          |          |
| f. EYE: (1) External Aspects  |                |          |          |
| (2) Optic Fundiscopic         |                |          |          |
| (3) Cover Test                |                |          |          |
| g. EARS (1) External Aspects  |                |          |          |
| (2) Tympanic Membranes        |                |          |          |
| h. NOSE, MOUTH, PHARYNX       |                |          |          |
| i. TEETH                      |                |          |          |
| j. HEART                      |                |          |          |
| k. LUNGS                      |                |          |          |
| l. ABDOMEN (include hernia)   |                |          |          |
| m. GENITALIA                  |                |          |          |
| n. BONES, JOINTS, MUSCLES     |                |          |          |
| o. NEUROLOGICAL/ SOCIAL       |                |          |          |
| (1) Gross Motor               |                |          |          |
| (2) Fine Motor                |                |          |          |
| (3) Communication Skills      |                |          |          |
| (4) Cognitive                 |                |          |          |
| (5) Self-Help Skills          |                |          |          |
| (6) Social Skills             |                |          |          |
| p. GLANDS (lymphatic/Thyroid) |                |          |          |
| q. MUSCULAR COORDINATION      |                |          |          |
| r. OTHER                      |                |          |          |

s. **GENERAL STATEMENT ON CHILD'S PHYSICAL STATUS**

**4. ABNORMAL FINDINGS, TREATMENTS, AND RECOMMENDATIONS AND FOLLOW-UP**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_

**Date :** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**\*BLOOD LEAD LEVELS IS A REQUIRED FIELD\***

**DATE OF NEXT WELL CHILD CHECK:** \_\_\_\_\_

Head Start requires all areas of this form to be completed.

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